

Lost & Found Book Launch Special Bundles

Option 1 - Enneagram \$250

A personalized signed copy of Lost and Found.
iEQ9 Enneagram assessment with 60-minute review.

Option 2 - Yoga Therapy \$320

A personalized signed copy of Lost and Found.
Three private SomaYoga Therapy sessions (In person or Online). SomaYoga Therapy blends the teachings of both somatics and yoga to address chronic tension patterns in the body and helps regulate the nervous system. You'll receive a tailored therapeutic home practice to support your short-term and long-term goals.

Option 3 - Coaching \$1,520

A personalized signed copy of Lost and Found.
Three months (six sessions) of personal coaching. I'm a certified coach through the ICF. This coaching can be personal or executive coaching.

Option 4 - Keynote Address \$2,520.00

A personalized signed copy of Lost and Found.
Ten Lost & Found books plus a Keynote address with breakout groups. I will deliver a keynote-style address designed with moments of reflection and breakout group lessons based on the content of Lost and Found. We will work together on the content, timing, and place. Travel costs are not included. The Date of the Keynote is agreed upon before 12/31/2023.

Option 5 - Team Facilitation \$5200.00

A personally signed copy of Lost and Found.
Ten Lost & Found books plus a day of facilitated team building. I'll blend elements of Lost and Found with the DiSC assessment tool and personally facilitate your team building. This price is for 10 people. Options available for more.